

Services

Swedish Massage

Relax and unwind with this classic Swedish massage that eases muscle tension using light to medium pressure and your choice of aromatherapy. Additional focus can be given on specific areas needing extra attention.

See the inset to discover the targeted benefits of different essential oils and find the one that compliments your next treatment.

60 Minutes: \$90

90 Minutes: \$135

Himalayan Salt Stone & Arnica Oil Massage

The numerous health benefits offered by Himalayan salt can help to support the respiratory system, infuse the body with essential minerals, reduce inflammation, improve circulation and detoxify.

Blended with the powerful antimicrobial and anti-inflammatory properties of Arnica Oil and Swedish massage, the radiant heat of the Himalayan salt stones help restore balance within the body as they calm and relax tight, sore muscles to provide the ultimate rejuvenating spa treatment.

60 Minutes: \$110

90 Minutes: \$165

Purple Moon Signature Massage

This therapeutic massage session is designed to address your specific healing requirements. We will work together to customize your session to determine the most beneficial treatments as well as essential and massage oils to be used.

Multiple massage modalities, such as Trigger Point Therapy, Deep Tissue, Lomi Lomi, or a firm pressure effleurage massage can be combined with targeted stretches in order to create a personalized treatment that can provide pain relief as well as relaxation.

60 Minutes: \$100

90 Minutes: \$150

Hot Stone & Arnica Oil Massage

Gently warmed, smooth basalt stones are combined with a light to medium pressure Swedish massage. The heat of the stones helps to ease tension, increase blood flow and relax your muscles allowing a more effective, peaceful experience.

The added combination of aromatherapy and the soothing anti-inflammatory properties of Arnica Oil will leave you in a state of bliss.

60 Minutes: \$110

90 Minutes: \$165

Deep Tissue Massage with Arnica Oil

Deep tissue massage is a therapeutic treatment designed to target the deeper muscle layers in areas where you have injury or pain. It can be beneficial in working out the adhesions or "knots" from stressed, overworked muscles and connective tissue (fascia).

Specialized, focused techniques combined with the healing properties of Arnica Oil can help to alleviate chronic joint and muscle pain and promote faster healing by increasing blood flow and reducing inflammation.

(This massage is not recommended for first time massage clients or those who prefer a lighter pressure.)

60 Minutes: \$100

90 Minutes: \$150

More Services, Add-ons and Information

Treat Your Feet

Your overworked feet and lower legs will find serious relief with this delightful treatment as an add-on to your choice of massage.

A delightful hot towel treatment infused with mineral salts provides the perfect add-on to your massage session followed by an exfoliating salt scrub and luxurious shea butter cream foot & lower leg massage making for a seriously soothing experience that melts away tension and relieves your aches and pains.

Your choice of lavender, peppermint, green tea or cranberry scrub/ shea butter creams.

30 Minute Add-on: Additional \$45

(Session is a 30 minute add-on treatment to any 60/90 minute massage. This treatment will EXTEND your appointment time so please plan accordingly.)

Break Time (Focused Treatment)

You deserve a break! Enjoy one of these focused time-saver massage experiences as you release tension and restore balance to these concentrated areas. Aromatherapy of your choice provides for a peaceful experience leaving you refreshed and ready to face the day.

Head, Neck & Shoulders

30 Minutes: \$45

Back, Legs & Foot

30 Minutes: \$45

Beneficial Add-ons & Specialty Items

- Aromatherapy is included in all sessions at no additional charge
- CBD oil can be substituted for oil for an additional \$20
- Hot Stone/Himalayan Salt Stones can be added to The Purple Moon Signature Massage or Deep Tissue massage for an additional \$20
- Grape seed oil and/or fractionated coconut oil is used in any massage that does not specify another type of oil. These can be substituted in any massage that utilizes Arnica if preferred by client
- dōTERRA Deep Blue Rub® can be added on or substituted for an additional \$20 (see below)

Elevate your massage session with the powerful, healing properties of dōTERRA Deep Blue Rub®.

This soothing essential oil blend can be added as a topical spot treatment to your massage OR it can be blended with fractionated coconut oil and used for a full body/deep tissue massage. Deep Blue is an all-natural, anti-inflammatory cream that will soothe your sore muscles. It is made up of therapeutic grade essential oils and provides a comforting sensation of cooling and warmth to problem areas.